

# WILDERNESS FIRST AID COURSE

The St. Vincent Indianapolis Hospital **Wilderness First Aid Course**, offered in partnership with the Indiana Department of Natural Resources and Indiana Conservation Officers, provides you the opportunity to earn WFA certification valid for 3 years in a fun and interactive environment as facilitated by our qualified EMS educators.

Wilderness medicine is providing first aid or more advanced patient care to the sick and injured that are more than one hour from definitive medical care. Situations involving wilderness medicine can include hiking, camping, hunting, and/or fishing in remote areas, or providing care in an urban environment which has been ravaged by a natural or man-made disaster.

Space is limited, so early registration is strongly encouraged! (we reserve the right to cancel the course due to insufficient enrollment).

## What You Will Learn:

- ▶ What is Wilderness?
- ▶ Legal & Ethical Issues
- ▶ Scene Survey
- ▶ Victim Assessment
- ▶ Wound Management
- ▶ Dressings and Bandages
- ▶ Bone, Joint, and Muscle Injuries
- ▶ Cold and Heat Emergencies
- ▶ Broken bones and sprains
- ▶ Plant Dermatitis
- ▶ Snake, Spider, and Insect Bites
- ▶ Cardiac Arrest in the Wilderness
- ▶ Moving a Victim
- ▶ Improvisation Skills
- ▶ And more!



**Date:** August 2 & 3, 2008

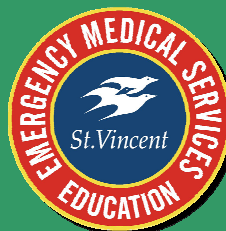
**Time:** 0900-1800 hours each day

**Cost:** \$130.00 per person (includes textbook, handouts, certification, and gate entrance fee)

**Location:** McCormick's Creek State Park, Spencer, IN

**Registration:** 317.338.4354

In Partnership with:



# Course